

5G life:  **God**  **Grow**  **Gather**  **Give**  **Go**



God - Talk and listen to God daily.

- Today we start our 3 week fast together. If you haven't yet, check out our fasting preparation guide that can help you get the most out of your fasting experience.
- Spend some time worshipping God through music this week. Download some worship music and listen to it over and over again as you allow the songs to be your prayer to God.
- Here are some music suggestions you can find on itunes or even youtube:
 - Chris Tomlin - Awakening, Our God, Amazing Grace, Indescribable
 - David Crowder - How He Loves, O For a Thousand Tongues to Sing, Everything Glorious
 - Kari Jobe - Revelation Song, You Are For Me



Grow - Apply what you are learning from the Bible.

Bible Memory Verse for the week.
 Mark 12:30 - "And you must love the Lord your God with all your heart, all your soul, all your mind and all your strength."

Bible Reading Plan:

- Monday** - Deuteronomy 6:4-9
- Tuesday** - Psalm 97
- Wednesday** - Psalm 98
- Thursday** - Psalm 100
- Friday** - Psalm 103

- As you read through the Bible, answer the following questions:
- 1) What is God saying in this passage?
 - 2) What is God saying to me in this passage?
 - 3) What does God want me to do after reading this passage?



Gather - Gather with a small group of Christ followers to learn how to live in biblical community.

Spend some time in personal reflection or in group discussion around the questions below taken from the message given at epic. You can listen or re-listen to our messages on epic's website www.theepicchurch.com under the podcast section or download them from itunes.

- 1) Today we start our 3 week fast as a church. Have you determined what you are fasting from and for? What are you hoping to learn through our time of fasting? What do you need to adjust in your life so you can experience this fast fully?
- 2) How have you typically defined worship? In the message, worship was defined as anything that brings God pleasure. How does that stretch your own definition of worship?
- 3) How is your life currently bringing pleasure to God? In what ways is your life not bringing pleasure to God?
- 4) Worship is about giving to God instead of getting from God. How are you giving to God as you worship Him? How does your own definition of worship need to expand?
- 5) Read Romans 12:1-2. In what ways are you worshipping God with your body? In what ways do you need to worship God with your body?
- 6) Read Colossians 3:23. How are you living out this verse in your everyday life?



Give - Give of your time, talents and resources to advance the kingdom of God.

- How can you worship God this week with your time, talents and resources?



Go - Tell others about Jesus with your life and words.

- Who in your life needs to know about Jesus?
- How can you point them towards Jesus this week?